

# Small Business Holiday Gift Guide For the Family

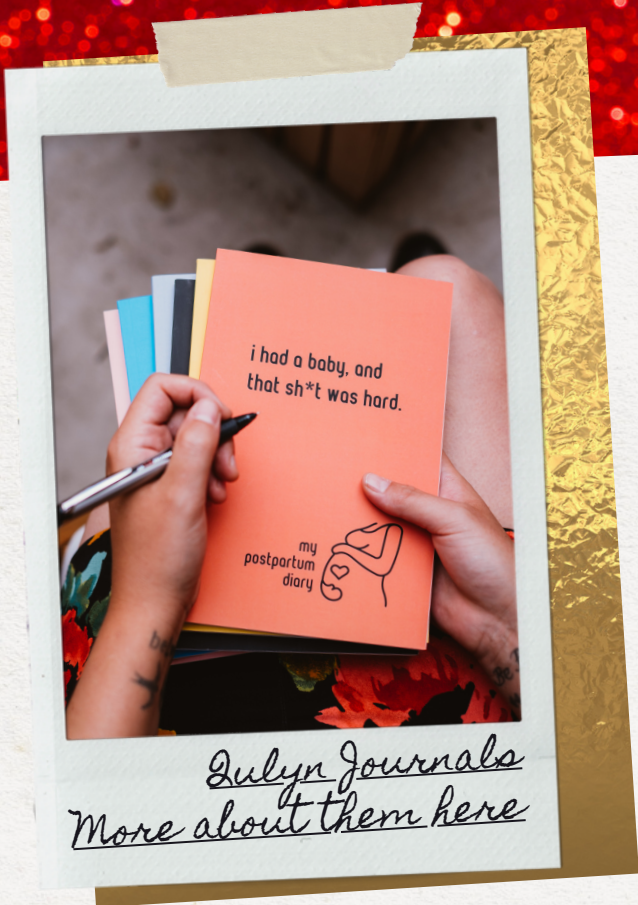
Shop small this holiday season with some of my amazing friends and followers businesses --Click the titles to shop!



The Fit Box



Carolina Wood Company



Dulyn Journals  
More about them here

Sound as Color  
silk pillow case



Pink Moon by Brooke  
15% off use  
"Sweaty as a Mother"



Workout Programs

**SWEATY as a MOTHER**