

# Sweaty as a Mother Holiday Gift Guide

## Amazon Edition

The most trendy and fun gifts for yourself,  
family and friends on Amazon! .



Airpods 43% off

Yeti cooler



Nespresso Verturo  
25% off



Steam Mop



Firestick  
50% off

nutribullet  
20% off



homesick candles



Charcuterie Board  
\$10 Off

# Sweaty as a Mother Holiday Gift Guide

## Home Gym Edition

Save on my favorite home gym essentials! .



Home gym  
Speaker 50% off



Kettlebells 15% off



Battle ropes 27% off



Foam Roller



Dumbbells 27% off



Workout Bands  
24% off



Gym Timer  
15% off



# Amazon Holiday Gift Guide For Him



*massage gun  
\$10 off*

The best gifts for your hubby, brother, friend or Dad!



*universal socket*



*Portable  
Charger  
15% off*

*Carhartt  
Cuffed Beanie*



*Black Rifle Coffee*



*Truff Hot Sauce  
15% off*

# Amazon Holiday Gift Guide For Her

The most trendy and fun gifts for you, your sister, bestie, or wife! Click the picture to shop! .

Foot & Calf Massager

24% off



The 327 New Balance



Face Steamer

Apple Watch

13% off



Stanley Tumbler

24% off



Soy Candle

15% off

mini theragun



VitaCup Coffee

# Amazon Holiday Gift Guide For The Kids

The most trendy and fun gifts for your kids, nieces, nephews or grandkids! Click the picture to shop! .



*Magna-Tiles  
Metropolis*



*Rock Painting  
25% Off*



*Outdoor Swing  
5% off*



*Marble Run  
15% off*

*Kinetic sand kit  
25% off*



*Kids Kitchen  
tools  
25% off*



*Osmo Little Genius  
Starter kit -  
25-30% Off*

# Small Business Holiday Gift Guide For the Family

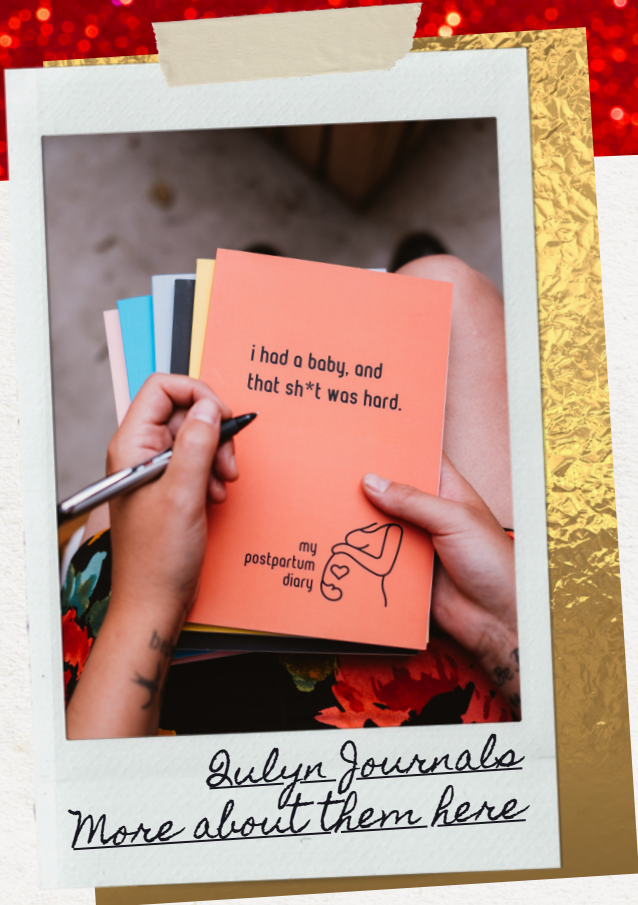
Shop small this holiday season with some of my amazing friends and followers businesses --Click the titles to shop!



The Fit Box



Carolina Wood Company



Dulyn Journals  
More about them here

Sound as Color  
silk pillow case



Pink Moon by Brooke  
15% off use  
"Sweaty as a Mother"



Workout Programs

**SWEATY as a MOTHER**